



Vine Bach Flower Remedy

*by
The Reformed Bohemian*



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Find out more at www.reformedbohemian.com



Vine Flower Remedy

Vine is for the natural leaders amongst us that have tipped over into domineering bullying behaviour.

About Vine

Vine people are the natural born leaders, the confident, self-assurance becoming domineering and tyrannical. Often in positions of power, they are ambitious and determined and can dominate weaker characters, they can be the demanding boss that uses bullying tactics to their subordinates who are unable to stand up for themselves. They can abuse their positions and the power they hold. They can be the strict domineering parent who destroys their child's self-confidence by being overly critical.

Vine flower essence can help the vine person to become more empathetic towards others and to become respected leaders that are supportive of those they lead and lead from a place of inner confidence rather than the domineering bully that leads by fear.

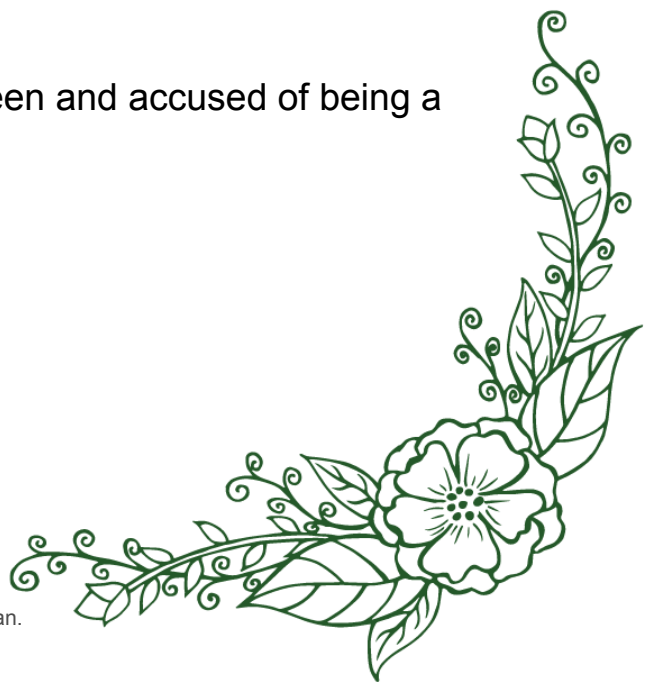


Signs You May Need Vine

Vine can be used to restore harmony in people who are experiencing the following symptoms:

Vine Key Symptoms

- Ambitious and has a strong presence of mind, that can make difficult decisions in important situations.
- Can be dominating and inflexible and possess strong drive for power.
- Can disregard the views and opinions of others believing they know best for others.
- Can make good leaders but can ruin this in their pursuit of personal power and ambition making them aggressive and power hungry.
- Can be tyrannical and demand obedience from others.
- Can come across as being hard, cruel and acts in an unscrupulous manner without conscience.
- Leads by installing fear in others can be seen and accused of being a bully.



- Capable and sure of themselves.
- Possess great willpower.
- Has feelings of being superior to others even when they are in a subordinate position



How can Vine flower essence help?

The essence of Vine can help to release the energy block and allow the natural energy to flow freely. People will notice this through changes in their behaviour and feelings.

- The tyrant is replaced by a wise, respected leader.
- Able to delegate and teach others all that they know.
- Uses their skills and knowledge and ability to lead others in service of others.
- Helps others to fulfil their potential and become leaders themselves without feeling threatened that they will lose their power.



Dosages

Drops

- 4 drops x 4 times per day preferable on an empty stomach.
- Using a dropper to put the drops straight on or under the tongue.
- Hold in the mouth for a few seconds before swallowing for maximum benefit.
- Try not to let the dropper touch the tongue as this will transfer digestive enzymes back into the bottle.
- If the symptoms are particularly acute you can increase the dosage to 4 drops every 10 – 30 minutes until you notice the symptoms improving.
- Can be taken as often as it feels necessary but a minimum of 4 times per day to start feeling the benefits.
- Alternatively, in acute cases you can add 2 drops to a drink, such as water or juice and sip frequently refilling as needed.

NB: Safe to use for babies, simply add the drops into the baby's bottle.



Side Effects

It's very rare for flower remedies to have any side effects, however in rare cases people can experience what is known as 'aggravation', this is simply that the original symptoms are temporarily intensified and you may feel worse for a short period of time before you start to notice benefits.



About The Reformed Bohemian

For over 20 years I worked in Health and Social Care, my aim has always been to support and provide people with the inner resources to be the best they can be both mentally and physically. I spent years studying and working my way through and up the conventional system of mental health and well-being. I went through the 'normal' academic route first as an undergrad and then post grad. But far from feeling accomplished and at the top of my profession I felt disillusioned.

So, I went back to my roots and found alternative treatments that didn't just treat and at best masked the symptoms but provided real, long term solutions. I went back and re-focused my studies in Naturopathy and became a certified Herbalist, Flower Remedy Therapist, Aromatherapist, Holistic Nutritionist, Neurolinguistic Programming Practitioner and Holistic Skincare Therapist. I hope by sharing my experiences and knowledge I can help others on their journey into natural healthcare.

You can find out more by visiting me at www.reformedbohemian.com





The Reformed Bohemian
Health & Well-Being Powered By Nature



Find out more at

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